

May 2021

**FAYETTEVILLE
MONTESSORI**
SCHOOL EST. 1974
FOUNDER VICTORIA BUTLER

Lunch

Monday	Tuesday	Wednesday	Thursday	Friday
3 Spaghetti with parmesan cheese sauce, vegetables and dip, fresh fruit (GF-DF-VG available)	4 Taco Tuesday. Ground chicken, cilantro and lime rice, lettuce, cheese, tomatoes, corn tortillas, fresh fruit (GF-DF-VG available)	5 Cheese quesadillas, vegetables and dip, fresh fruit (GF-DF-VG available)	6 Potato casserole, vegetables and dip, fresh fruit (GF-DF-VG available)	7 Pizza, fresh fruit, vegetables and dip (GF-DF-VG available)
10 Homemade mac and cheese, vegetables and dip, fresh fruit (GF-DF-VG available)	11 Chicken cheese quesadilla, vegetables and dip, fresh fruit (GF-DF-VG available)	12 Grilled cheese sandwich, vegetables with dip, fresh fruit (GF-DF-VG available)	13 Grilled turkey hamburger, mozzarella, lettuce, tomatoes, roasted sweet potatoes, fresh fruit (GF-DF-VG available)	14 Pizza, fresh fruit, vegetables and dip (GF-DF-VG available)
17 Homemade mac and cheese, vegetables with dip, fresh fruit (GF-DF-VG available)	18 Chicken barbecue sandwich, potato salad, fresh fruit (GF-DF-VG available)	19 Grilled cheese sandwich, vegetables with dip (GF-DF-VG available)	20 Roasted honey turkey, mashed potatoes, vegetables with roasted pepper coulis for dip (GF-DF-VG available)	21 Pizza, fresh fruit, vegetables and dip (GF-DF-VG available)
24 Homemade mac and cheese, vegetables with dip, fresh fruit (GF-DF-VG available)	25 Ground turkey tacos with corn tortillas, vegetables with dip, fresh fruit (GF-DF-VG available)	26 Vegetarian lasagna, mozzarella, marinara sauce, steamed vegetables, and fresh fruit (GF-DF-VG available)	27 Homemade chicken nuggets, french fries, fresh vegetables and dip, fresh fruit (GF-DF-VG available)	28 Pizza, fresh fruit, vegetables and dip (GF-DF-VG available)