

May 2021

Snack

Monday	Tuesday	Wednesday	Thursday	Friday
3 A.M.-Bananas and cornflakes P.M.-Strawberry yogurt and graham crackers	4 A.M.-Vanilla yogurt and fresh fruit P.M.-Oranges and vanilla muffins	5 A.M.-Pancakes and mixed berries P.M.-String cheese and fresh fruit	6 A.M.-Oatmeal and melons P.M.-Homemade guacamole and crackers	7 A.M.-French toast and fresh fruit P.M.-Apple sauce and graham crackers
10 A.M.-Toast and jelly P.M.-Bananas and vanilla Greek yogurt	11 A.M.-Bananas and cornflakes. P.M.-Oranges and trail mix	12 A.M. - Eggs and roasted red potatoes P.M.-String cheese and fresh fruit	13 A.M.-Pancakes and maple syrup P.M.-Hummus and vegetable crudites	14 A.M.-Scones and apple sauce P.M.-Banana pudding and wafer cookies
17 A.M.-Oatmeal and bananas. P.M.-Strawberry muffin and apple sauce	18 A.M.-Bagels with cream cheese P.M.-Oranges and trail mix	19 A.M.-Pancakes and mixed berries P.M.-String cheese and fresh fruit	20 A.M.-Texas toast and grape jelly P.M.-Vanilla yogurt and graham crackers	21 A.M.-Cereal and fresh fruit P.M.-Homemade guacamole and chips
24 A.M.-Bagels with cream cheese P.M.-Melon and toast	25 A.M.-Strawberry yogurt and graham crackers P.M.-Bananas and corn flakes	26 A.M.-Pancakes and fresh fruit P.M.-Apple sauce and graham crackers	27 A.M.-Vanilla Greek yogurt and fresh fruit P.M.-Melon slices and Greek yogurt	28 A.M.-Texas toast and sunbutter P.M.-Oranges and trail mix